

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY		
	Adults Morning Classes											
10.00am		Pole Flow with Maddie										
11.00am		Stretch & Flex with Maddie										
12.00pm		Beginner Pole Tricks with Maddie										
	Adults Evening Classes											
5.30pm					Mixed Level Silks with Tess	Conditioning with Maddie	Intro to Aerials					
6.30pm	Intermediate Lyra with Amy	Intro to Pole with Helen	Beginner Silks with Jaine	Beginner Pole Tricks with Maddie	Intermediate Lyra with Tess	Stretch & Flex with Maddie	with Jess 6.00pm  Beginner Bars	Intermediate 1 Pole Tricks with Julia	Beginner Pole Tricks with Kaena			
7.30pm	Beginner Silks with Tashlynn	Beginner Pole Tricks with Helen	Intermediate Silks with Jaine	Intro to Pole with Maddie	Intermediate Trapeze with Tess	Sensual Flow (R18) with Maddie	with Jess 7.00pm	Beginner Pole Tricks with Julia	Pole Flow with Kaena			
8.30pm		Pole Flow with Helen		Intermediate Pole Tricks with Maddie								
	KEY		AERIAL ARTS		POLE DANCE		STRETCH & STRENGTH					

This timetable is subject to change and will be regularly updated on our website www.cirqueitaerialarts.nz

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY							
	Kids Evening Classes											
4.15pm		Intermediate Kids Silks (7-12y)										
4.30pm		with Tess		Kids Silks (7-12y)								
5.15pm	Kids Silks (7-12y) with Lorenza	Youth Silks with Tess		with Jess								
7.30pm												
8.30pm												
	KEY	AERIAL ARTS	<u> </u>									
	KET	AERIAL ARTS										

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